

# St Michael's CE High School

## PSHE HT2

### Inclusive relationships, Gender, Sexual Orientation and Allyship



Name\_\_\_\_\_

Form\_\_\_\_\_

ST. MICHAEL'S  
Church of England High School

'Jesus grew in wisdom and stature' (Luke 2 : 52)

## Session 1

### What is LGBT+?

Match the key terms to the correct definition by writing the correct number in each box.

Key term	Number
A. Lesbian	
B. Gay	
C. Bisexual	
D. Trans	
E. Intersex	
F. Asexual	
G. Pansexual	
H. Non-binary	

1. A person who is attracted to people of their own and other genders.
2. A woman who is attracted to women.
3. A person who is attracted to people of the same gender as them or a man that is attracted to men.
4. A person whose gender is different to the one they were assigned at birth.
5. A person of any gender who experiences little or no sexual attraction.
6. An umbrella term to describe a person who does not identify with the binary labels of male or female.
7. A person who is attracted to someone regardless of the other person's gender identity.
8. An umbrella term used to describe a wide range of natural variations that affect genitals, gonads, hormones, chromosomes or reproductive organs. Sometimes these characteristics are visible at birth, sometimes they appear at puberty, and sometimes they are not physically apparent at all.

## Session 2

Biological sex

How a person presents gender outwardly, through behaviour, clothing, voice or other perceived characteristics.

Gender

A person's biological status and is typically assigned at birth, usually on the basis of external anatomy. Typically categorized as male, female or intersex.

Gender Identity

Own internal sense of self and their gender, whether that is man, woman, neither or both. Gender identity is not outwardly visible to others.

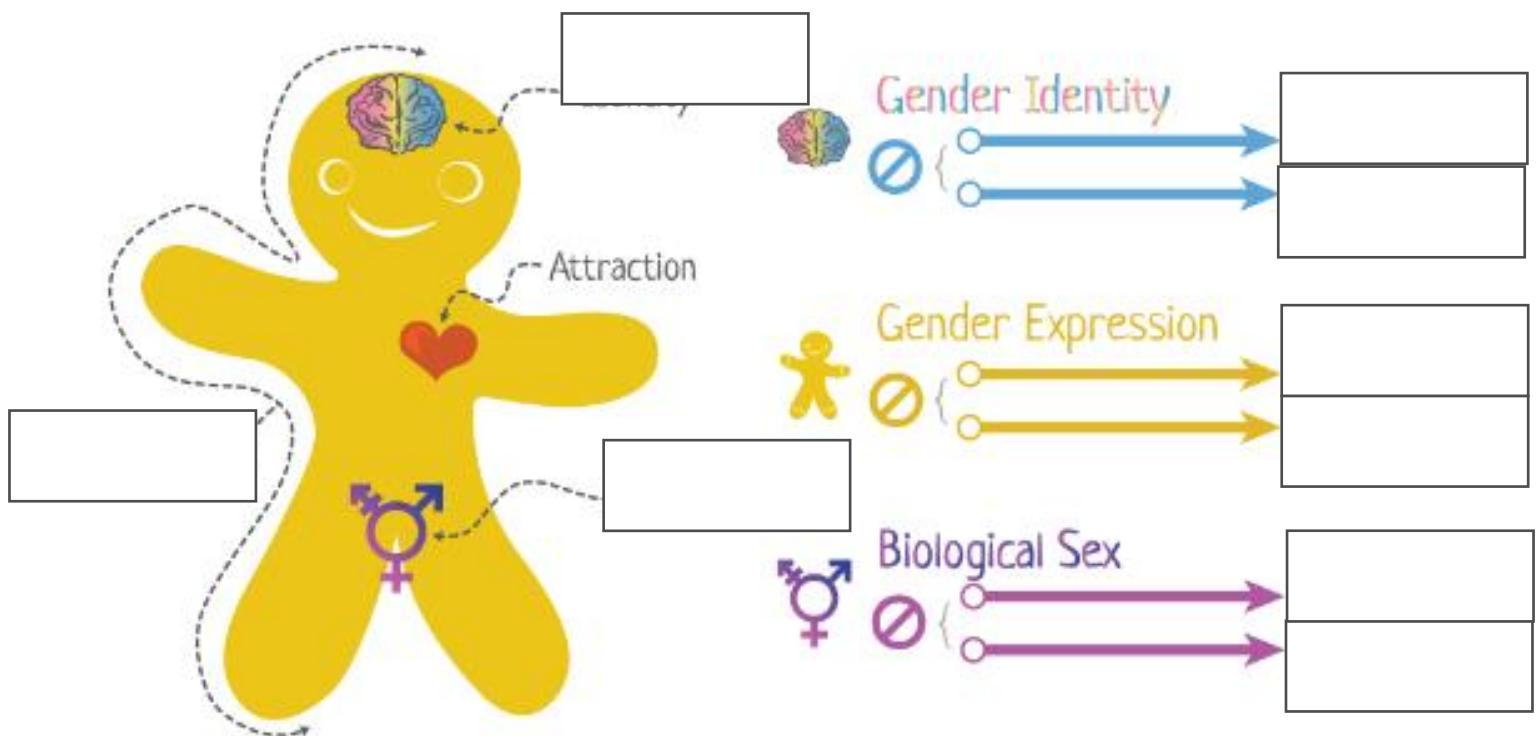
Gender expression

A social construct of norms, behaviours and roles that varies between societies and over time. Gender is often categorized as male, female or

What is meant by intersex?

Fill in the labels and mark on the arrows where you think you fall in each category

## The Genderbread Person v3.2 by its pronounced METROsexual.com



## Session 3

One of your classmates has changed their gender pronouns from she/her to he/him. Most people in school are respectful of this and apologise if they make a mistake, but one person is deliberately using the wrong pronouns and dead-naming him.

How could you help support this person?

## Session 4

### **Bronze**

Read the example carefully and decide whether they are instances of heteronormativity, cisnormativity, or both.

### **Silver**

In addition to bronze, give a reason for your answer.

### **Gold**

In addition to bronze and silver, how could each situation be changed to be more inclusive?

Giving a speech addressing a large number of people and beginning it,  
"Welcome, ladies and gentlemen!"

**Bronze:**

**Silver:**

**Gold:**

Getting to know a new male student at school and asking him,  
"Do you have a girlfriend?"

**Bronze:**

**Silver:**

**Gold:**

Asking your teacher if you can carry out a team activity in class as a girls' team vs a boys' team.

**Bronze:**

**Silver:**

**Gold:**

Meeting a new student that you think is female, and using she/her pronouns to refer to them without checking first.

**Bronze:**

**Silver:**

**Gold:**

Seeing a young child lost at the supermarket and asking, "Where is your mum?"

**Bronze:**

**Silver:**

**Gold:**

Seeing someone who you think is female and someone who you think is male together and assuming they are girlfriend and boyfriend, but not making the same assumption about two people of the same gender.

**Bronze:**

**Silver:**

**Gold:**

## Session 5

You're getting ready for PE when you see that someone is refusing to get changed in front of another student, because they are rumoured to be gay.

It is non-uniform day at school. Someone in your class who identifies as male chooses to wear a dress. He feels confident and happy wearing the clothing, but you hear someone say to him, "Boys can't wear dresses."

Someone in your class has come out as bisexual. One day at school, the conversation turns to them and one of your friends says, "They're not really bisexual. That's just what people say when they're not ready to come out as gay yet."

You overhear some people discussing a TV programme. One of them says, "That's so gay!" and they start to laugh.

A student in your class identifies as non-binary. They have cut their hair short and started wearing trousers to school instead of a skirt. They use they/them pronouns. You overhear people pestering the student, asking them personal questions, including what genitalia they have.

## Your responses to scenarios

Stop:

Explain/educate:

Support:

Report:

Stop:

Explain/educate:

Support:

Report:

Stop:

Explain/educate:

Support:

Report:



## Session 6

### Allyship pledge

**To make my friendships and other relationships more inclusive, I will...**

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